

CNMRI_{PA}

NEUROLOGY • SLEEP DISORDERS CENTER • PHYSICAL MEDICINE • REHABILITATION
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INFORMATION REGARDING GILENYA

Now that you've decided that you want to treat your MS with Gilenya, some testing is required to be sure it is safe for you to take. Most of these are for your safety, and are required by Novartis, the company that manufactures Gilenya. You will be given a lab order for the following **fasting** lab tests to be done with a blood sample provided by you:

- Complete Blood Count (CBC)
- Bilirubin and Liver Function Panel **OR** Complete Metabolic Panel (CMP)
- Varicella Zoster Virus antibody serology (VZV)

You will need an OCT in our Dover office and/or eye exam by an Ophthalmologist, as well as an electrocardiogram (ECG) in our office or from a Cardiologist prior to your first dose of Gilenya. After these are completed and verified as being within the therapeutic limits for this medication, we can proceed with the First Dose Observation (FDO) of Gilenya. The enrollment form you completed and signed will be sent to the Gilenya Go Program where they will verify your insurance coverage for the prescription and send a 2 week supply of medication to our office or directly to your home.

If the First Dose Observation (FDO) is being performed through another facility, the medicine will be sent to your home or you will have to pick up your initial supply of Gilenya at CNMRI; call your physician's patient care coordinator to find out if it has arrived in advance of your FDO date. Please take it with you to the First Dose Observation. You will be required to be at the FDO facility for at least six (6) hours, which is the length of the observation. Your blood pressure and pulse are monitored every hour to determine if Gilenya slows your heart rate. If your heart rate is measured below 60 beats per minute, you may have to come back the next day and do the observation again. If it measures significantly lower, you may have to stay overnight at the hospital for treatment and observation. These are possibilities with Gilenya, and we will do whatever possible to help you take this medication safely. Additionally, an ECG will be performed at the end of the FDO to evaluate your heart function. Once again, this is done for safety, and by itself, does not mean there is a problem.

As we all know, not all the expense for medical treatment is covered by insurance. The charge for a FDO at CNMRI is one hundred and eighty dollars (\$180.00), which can be made as two, ninety dollar (\$90.00) payments. This can be paid before the FDO or the morning you come in for the observation. If your FDO is being performed elsewhere, your physician's patient care coordinator can help you contact the FDO facility to determine your out-of-pocket expense.

We consider your healthcare a serious matter, and want to know that you understand what is required to be treated with Gilenya. If you have any questions, feel free to contact the office at (302) 678-8100 or toll free at (877) 678-8100.