

CNMRI_{PA}

NEUROLOGY • SLEEP DISORDERS CENTER • PHYSICAL MEDICINE • REHABILITATION
(302) 678-8100 • (877) 678-8100 • www.cnmri.com

PATIENT INSTRUCTIONS-EEG

Appointment Date: _____

Appointment Time: _____

Please report to the **1074 S. State Street office of CNMRI, PA.**

Preparation:

1. Wash and dry hair and do not put any hair products such as hairspray, oil, gel, mousse etc. on it. Those products interfere with the electrode hookup on the scalp and may prevent us from doing the test. In addition, hair must be loose, i.e. no braids, weaves, ponytails, etc., because the electrodes must be placed on certain areas of the scalp.
2. You may eat meals as usual. No caffeinated beverages, alcohol, or over the counter medications should be consumed for 48 hours before the test. Continue other medications as ordered by your physician.
3. Please come for your appointment 10 minutes before the scheduled time so that you can be registered for the procedure. We will also need to make a copy of your insurance card if you have one. **Please bring the doctors order for the procedure with you; otherwise you may need to be rescheduled.**
4. If you cannot keep your appointment, please call the scheduling desk. This can be done, by calling (302) 678-8100, (302) 422-0800 or (302) 645-7213 between the hours of 8 a.m. and 5 p.m., Monday through Friday.

About the EEG:

This test takes about an hour and does not hurt at all. We will be attaching 22 electrodes to your scalp with paste, and we will clean as much of the paste out as possible before you leave. We have shampoo and a hair dryer available upon request. If you take a lot of medications, it would help us if you brought a list of names of the medications with you.